Myth, Busted!

Myths

"Turning a computer on and off uses more energy than leaving the computer on 24/7."

"Turning off a computer every day is bad for the computer"

wrong

Fact

Correct

Turning your computer off saves energy and money!

The DOE recommends turning OFF both computers and monitors if you're not going to use them for more than 2 hours.

There is a small surge in energy when a computer starts up, however, this is MUCH LESS energy than what is used by running the computer.

District-wide computers cost $153,000 per year when they are left on each night.